



2019 Emerging Elite Invitational

A Freshmen/Sophomore Elite Event

Hosted by Reservoir High School



ORDER OF EVENTS – Track Events start at 3:45pm

3:45pm	3200m RUN G/B (<i>top 30 runners will be accepted</i>)
4:15pm	3200m RELAY G/B
4:45pm	100/110m HURDLES Finals G/B
5:10pm	100m DASH Finals G/B
5:30pm	1600m RUN G/B
6:10pm	800m RELAY G/B
6:45pm	400m DASH G/B (SEE NOTE BELOW)
7:15pm	300m 1m HURDLES G/B
7:35pm	200m DASH G/B
7:55pm	800 METER RUN G/B
8:25pm	400 METER RELAY G/B
8:45pm	1600 METER RELAY G/B

NOTE: *All but the first 2 heats of the 400m's will be run in an alley start format with a max of 12 athletes in per heat. The First 2 heats will be run in Lanes*

Entry Limits:

All Track Events 3 Individuals & 1 Relay

Note: Only the top 30 will be accepted in the 3200m.

All Field Events 3 Individuals

ORDER OF EVENTS – Field Events

3:30pm(Check-In/Warm-Ups) BOYS' SHOT PUT, TRIPLE JUMP

GIRLS' DISCUS, HIGH JUMP, LONG JUMP, POLE VAULT

6:15pm(Check-In/Warm-Ups) GIRLS' SHOT PUT, TRIPLE JUMP

BOYS' DISCUS, HIGH JUMP, LONG JUMP, POLE VAULT

Note: Shot Put, Discus, Long Jump and Triple Jump will 3 attempts and will be run as an open pit format. Round 1 will run from 3:45pm – 5:45pm. Round 2 will run from 6:15pm – 8:15pm

Opening Heights

GHJ 4 - 0

GPV 5 - 6

BHJ 5 - 0

BPV 6 - 6