## 16th ANNUAL



## TUSKER TWILIGHT MEET

Somers High School - Thursday, March 28th 2019

VARSITY NOVICE AND FROSH/SOPH DIVISIONS IN ALL EVENTS

MEDALS TO TOP 3 IN EACH DIVISION / LIMIT 3 EVENTS PER ATHLETE

PLEASE SEND US AN E-MAIL IF YOU ARE COMING
Msokolofsky@somersschools.org – Johnvegliante@gmail.com

TRACK EVENTS - 4:30PM START (GIRLS, THEN BOYS ORDER ALL DAY)

100M HURDLES

110M HURDLES

100M DASH

MILE RUN

MILE RACEWALK

400 METER DASH

800 METER RUN

4 X 100M RELAY

4 X 400M RELAY

## FIELD EVENTS - 4:15PM START

LONG JUMP (GIRLS PIT #1 - BOYS PIT #2) HIGH JUMP (BOTH GIRLS AND BOYS INSIDE TRACK AT 4:15PM ) SHOT PUT (GIRLS THEN BOYS)

HAMMER THROW (BOYS THEN GIRLS) We will start the first flight of hammer as early as possible.

<u>We will be using FAT timing for the twilight meet.</u> Please enter each athlete in all events they will be competing in. Remember to enter the correct division Varsity Novice or Frosh/Soph.

IN THE FIELD: - ALL FIELD EVENTS CHECK IN AT THE EVENT. WE HAVE A NEW THROWERS CAGE LOCATED AT THE LOWER SOCCER FIELDS (BEHIND TRACK) THERE WILL NO LONGER BE ANY THROWING AT THE ELEMENTARY SCHOOL. NOTES:

- POLE VAULT COULD BE CANCELLED DUE TO COLD WEATHER AND SNOW ON RUNWAY
- WE HAVE LIGHTS ON THE TRACK. THE LAST 2 OR 3 EVENTS WILL BE RUN UNDER THE LIGHTS - UNIFORM RULE WILL BE LENIENT - JUST HAVE SOMETHING WITH YOUR SCHOOL NAME ON IT. - JEWELRY RULE WILL BE ENFORCED!

## 16th ANNUAL TUSKER TWILIGHT MEET

THURSDY, MARCH 28th @ 4:15PM

SCHOOL
COACH'S NAME
COACH'S PHONE
COACH'S E-MAIL
NUMBER OF INDIVIDUAL EVENTS X \$10.00 EACH =
NUMBER OF RELAYS X \$20.00 EACH =
\$425 BLANKET ENTRY (BOYS AND GIRLS) =
Or \$275 BLANKET ENTRY FOR BOY OR GIRLS TEAM =
TOTAL =

INDIVIDUAL IS NUMBER OF ATHLETES X HOW MANY EVENTS THEY'RE IN, NOT JUST ATHLETES ENTERED.

**PAYMENT PROCEDURE:** CHECKS MUST BE MADE OUT TO:

"THE SOMERS TRACK AND FIELD BOOSTER CLUB"

CHECKS MUST BE MAILED TO: The Somers Track and Field Booster Club PO BOX 665 Somers NY 10589

THERE WILL BE A CONCESSION STAND FOR YOUR CONVENIENCE.

Please Email Coaches Mike Sokolofsky and John Vegliante that your team will be coming. Please do so ASAP! THANKS!