

## Reagan 3200m Tune-up - Top 25 Performances

|    | Name             | Class | High School       | City                | Time   | Year | Place | Foot Locker<br>South Regional |       | Reagan 3200 -<br>Foot Locker 5000<br>Time Differential |
|----|------------------|-------|-------------------|---------------------|--------|------|-------|-------------------------------|-------|--|
|    |                  |       |                   |                     |        |      |       | Time                          | Place |  |
| 1  | Craig Engels     | SR    | Ronald Reagan     | Pfafftown, NC       | 9:03.2 | 2011 | 1     | 15:23                         | 20    | 6:20   |
| 2  | Bobby Mintz      | SR    | Cary Christian    | Cary, NC            | 9:06.6 | 2010 | 1     | 15:17                         | 13    | 6:11   |
| 3  | Jake Hurysz      | SR    | Eastern Alamance  | Mebane, NC          | 9:08.5 | 2009 | 1     | 14:46                         | 3 Q   | 5:38   |
| 4  | Graham Crawford  | SR    | Walter M Williams | Burlington, NC      | 9:09.6 | 2010 | 2     | 15:19                         | 14    | 6:10   |
| 5  | Thomas Graham    | SR    | Cary Academy      | Cary, NC            | 9:10.2 | 2011 | 2     | 14:52                         | 5 Q   | 5:42   |
| 6  | Blake Williams   | SR    | Northern Durham   | Durham, NC          | 9:10.9 | 2010 | 3     | 14:58                         | 2 Q   | 5:48   |
| 7  | Will Bass        | SR    | Nash Central      | Rocky Mount, NC     | 9:12.0 | 2010 | 4     | 15:35                         | 38    | 6:23   |
| 8  | Thomas Graham    | JR    | Cary Academy      | Cary, NC            | 9:12.6 | 2010 | 5     | 15:06                         | 9 Q   | 5:54   |
| 9  | Scott Morgan     | SR    | Calvary Baptist   | Winston Salem, NC   | 9:13.9 | 2010 | 6     | 15:01                         | 3 Q   | 5:48   |
| 10 | Isaac Presson    | SR    | Asheville         | Asheville, NC       | 9:14.5 | 2009 | 2     | 15:13                         | 23    | 5:59   |
| 11 | Chris Garrett    | SR    | West Johnson      | Benson, NC          | 9:18.5 | 2010 | 7     | 15:19                         | 15    | 6:01   |
| 12 | James McAllister | SR    | Homeschooled      |                     | 9:20.6 | 2011 | 3     | 15:15                         | 13    | 5:55   |
| 13 | Blake Williams   | JR    | Northern Durham   | Durham, NC          | 9:20.8 | 2009 | 3     | 14:52                         | 6 Q   | 5:32   |
| 14 | Bobby Mintz      | JR    | Cary Christian    | Cary, NC            | 9:21.0 | 2009 | 4     | 15:45                         | 57    | 6:24   |
| 15 | Jack Felix       | SR    | Hilton Head       | Hilton Head, SC     | 9:22.8 | 2010 | 8     | 15:37                         | 42    | 6:15   |
| 16 | Forrest Lyerly   | SR    | Ronald Reagan     | Pfafftown, NC       | 9:24.9 | 2010 | 9     | 15:27                         | 32    | 6:03   |
| 17 | Patrick Crawford | SR    | East Forsyth      | Kernersville, NC    | 9:27.2 | 2009 | 5     | 15:43                         | 54    | 6:16   |
| 18 | Thomas Graham    | SO    | Cary Academy      | Cary, NC            | 9:27.7 | 2009 | 6     | 15:06                         | 14    | 5:39   |
|    | Tim Tyler        | SR    | Wandro            | Mt. Pleasant, SC    | 9:27.7 | 2010 | 10    | 16:53                         | 193   |  |
| 20 | Steve Mulherin   | SR    | NC Science & Math | Durham, NC          | 9:28.5 | 2011 | 4     | 16:07                         | 94    | 6:39   |
| 21 | Ben Fielder      | JR    | Asheville         | Asheville, NC       | 9:29.1 | 2011 | 5     | 16:01                         | 81    | 6:32   |
| 22 | Trevor Slight    | JR    | Carolina Day      | Asheville, NC       | 9:29.5 | 2011 | 6     | 15:25                         | 25    | 5:56   |
| 23 | Sage Kosiorek    | SR    | Boiling Springs   | Boiling Springs, SC | 9:29.9 | 2011 | 7     |                               |       |  |
| 24 | Isaac Presson    | JR    | Asheville         | Asheville, NC       | 9:30.2 | 2008 | 1     | 15:58                         | 57    | 6:28   |
| 25 | George Oliver    | SR    | Mount Tabor       | Winston Salem, NC   | 9:32.4 | 2011 | 8     |                               |       |  |

|                             |      |               |        |
|-----------------------------|------|---------------|--------|
| <b>Race Winners by Year</b> | 2011 | Craig Engels  | 9:03.2 |
|                             | 2010 | Bobby Mintz   | 9:06.6 |
|                             | 2009 | Jake Hurysz   | 9:08.5 |
|                             | 2008 | Isaac Presson | 9:30.2 |

## Reagan 3200m Tune-up History and Post-Race Performances

The Reagan 3200m Tune-up had a modest beginning in 2008, but by its second year it became the premiere event of its kind in North Carolina. Success at the Reagan Tune-up has also proven to be a good indicator of success at the Foot Locker South Regional.

In the past three years of the Reagan Tune-up (2009-2011):

- **Thirteen runners posted Tune-up times of 9:20 or better at Reagan, with an average of 9:12.**
- **These thirteen runners posted average times of 15:09 at the Foot Locker South Regional.**
  - *Six of these runners qualified for the Foot Locker Nationals.*
  - *All six runners finished in the top 20 at the Foot Locker Nationals, out of a field of 40.*
  - *Two of the six runners finished in the top 10 at the Foot Locker Nationals.*

Competitors at the Reagan Tune-up have also experienced great success in their subsequent Indoor and Outdoor Track seasons, dominating every event from 800m to 5000m.

- **Since 2010, four North Carolina boys have run 800m track times of 1:52 or better.**
  - *Three of the four competed in the Reagan Tune-up prior to posting their top 800m track time.*
- **Since 2010, four North Carolina boys have run a 1600m track time of 4:07 or better.**
  - *All four competed in the Reagan Tune-up prior to posting their top 1600m track time.*
- **Since 2010, six North Carolina boys have run a 3200m track time of 9:00 or better.**
  - *All six competed in the Reagan Tune-up prior to posting their top 3200m track time.*
- **Since 2010, five North Carolina boys have run 5000m track times of 15:06 or better.**
  - *Four of the five competed in the Reagan Tune-up prior to posting their top 5000m track time.*