

To: MHSAA Division **7-1A & 6-6A** Track and Field Coaches  
From: Woody Barnett, Pearl High School - Division Meet Director  
Subject: 2019 Division Track and Field Meet  
Site: Woody Barnett Track & Field Complex, Pearl, Mississippi  
Meet Date: **Thursday, April 11**

Times: **Coaches Meeting** **12:15**  
Field Events 1:00  
4 x 800 m Relays & 6A 3200 m Runs 1:30  
All Track Event Finals 3:30

Entry Fee: \$150 per school. Bring entry fee to the meet, **Do Not Mail!**  
Make checks payable to: **Pearl High School**

Notes: **TOP FOUR PARTICIPANTS IN EACH EVENT WILL QUALIFY FOR REGION MEETS!**

Meet  
Admission: \$6.00

Awards: Team trophies to winning teams & ribbons to top four in each event

Divisions: 7-1A: Leake County, MSD, Piney Woods, Sebastopol, Stringer  
6-6A: Brandon, Jim Hill, Pearl & Terry

For Further  
Info: [pearlxc@bellsouth.net](mailto:pearlxc@bellsouth.net) 601-624-7822

Coaches  
Info Sheet: **Please read over the MHSAA Division Meet Coaches Information Sheet!**

Meet  
Assistance: **Each school will provide one adult to assist in running off a field event!!**  
These individuals should report to their respective assigned event area 30 minutes prior to the start of their event!!!

Each school is to provide one individual to help the event judge run off field events!!!

Brandon	Boys Long Jump
Jim Hill	Girls Long Jump
Piney Woods	Boys Discus
Stringer	Girls Discus
Sebastopol	Boys Shot
MSD	Girls Shot
Leake County	Boys Triple Jump
Terry	Girls Triple Jump
Pearl	Pole Vault

6-

**BE SURE THIS INFORMATION IS ROUTED TO ALL HIGH SCHOOL  
TRACK & FIELD COACHES IN YOUR SCHOOL!!!**

**2019 MHSAA DIVISION 7-1A & 6-6A MEET  
SCHEDULE OF EVENTS  
THURSDAY, APRIL 11**

**1:00 FIELD EVENTS**

Long Jump	-	<u>1A Boys</u> Followed by <u>6A Boys</u>
Long Jump	-	<u>1A Girls</u> Followed by <u>6A Girls</u>
Triple Jump	-	<u>6A Boys</u> Followed by <u>1A Boys</u>
High Jump	-	<u>6A Boys</u> Followed by <u>1A Boys</u>
High Jump	-	<u>6A Girls</u> Followed by <u>4A Girls</u>
Shot	-	<u>6A Boys</u> Followed <u>1A Boys</u>
Shot	-	<u>6A Girls</u> Followed by <u>1A Girls</u>
Discus	-	<u>1A Boys</u> Followed by <u>6A Boys</u>
Discus	-	<u>1A Girls</u> Followed by <u>6A Girls</u>
Pole Vault	-	<u>All Boys</u> Followed by <u>All Girls</u>
*Triple Jump	-	<u>1A Girls</u> Followed by <u>6A Girls</u>

\*Will follow long/triple jump events above as pits become available!

**1:30 4 x 800 METER RELAY & 6A 3200 METER RUN  
3:30 ALL OTHER RUNNING EVENTS**

1A Girls 4 X 800 Meter Relay	1A Girls 4 X 100 Meter Relay	1A Girls 4 X 400 Meter Relay
6A Girls 4 X 800 Meter Relay	6A Girls 4 X 100 Meter Relay	6A Girls 4 X 400 Meter Relay
1A Boys 4 X 800 Meter Relay	1A Boys 4 X 100 Meter Relay	1A Boys 4 X 400 Meter Relay
6A Boys 4 X 800 Meter Relay	6A Boys 4 X 100 Meter Relay	6A Boys 4 X 400 Meter Relay
6A Girls 3200 Meter Run	1A Girls 400 Meter Dash	Presentation of Trophies
6A Boys 3200 Meter Run	6A Girls 400 Meter Dash	
	1A Boys 400 Meter Dash	
1A Girls 100 Meter Hurdles	6A Boys 400 Meter Dash	
6A Girls 100 Meter Hurdles		
1A Boys 110 Meter Hurdles	1A Girls 300 Meter Hurdles	
6A Boys 110 Meter Hurdles	6A Girls 300 Meter Hurdles	
	1A Boys 300 Meter Hurdles	
1A Girls 100 Meter Dash	6A Boys 300 Meter Hurdles	
6A Girls 100 Meter Dash		
1A Boys 100 Meter Dash	1A Girls 800 Meter Run	
6A Boys 100 Meter Dash	6A Girls 800 Meter Run	
	1A Boys 800 Meter Run	
1A Girls 4 X 200 Meter Relay	6A Boys 800 Meter Run	
6A Girls 4 X 200 Meter Relay		
1A Boys 4 X 200 Meter Relay	1A Girls 200 Meter Dash	
6A Boys 4 X 200 Meter Relay	6A Girls 200 Meter Dash	
	1A Boys 200 Meter Dash	
1A Girls 1600 Meter Run	6A Boys 200 Meter Dash	
6A Girls 1600 Meter Run		
1A Boys 1600 Meter Run	1A Girls 3200 Meter Run	
6A Boys 1600 Meter Run	1A Boys 3200 Meter Run	

**Note:** If field events are complete or close to becoming complete, be ready to start running finals prior to 3:30 p.m.!!!

**2019 MHSAA DIVISION 7-1A & 6-6A MEET  
COACHES INFORMATION SHEET**

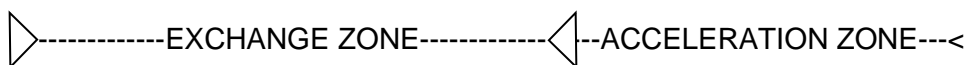
- **Entries for the Division Meet will be done online at <https://ms.milesplit.com>.** Each participating school must complete entries by **12:00 noon Wednesday, April 10**. Schools that do not meet this deadline will be fined \$100.00 (above entry fee) to enter the meet, payable to Pearl High School. After the entry deadline **no additions** will be allowed!!!
- Each school may enter three (3) contestants in individual events and one (1) team in each relay. **An athlete may participate in a maximum of four (4) events including relays!!!**
- **Entry Fee:** \$150 per school. **Please bring to meet, DO NOT MAIL!**
- **Any last-minute changes must be texted to the meet director (601-624-7822) by 9:00 a.m. on Thursday morning, April 11!!!** After this 9:00 a.m. deadline teams will be allowed to make changes at the meet but will be charged \$10.00 for each and every change payable to Pearl High School (no exceptions)!!! Only changes due to injuries, sickness and no shows will be exempt from the \$10.00 charge!!!
- Competitors will be given three (3) throws or jumps with the top six (6A) or the top seven (1A) receiving three (3) additional throws or jumps in the following events: Shot, Discus, Long Jump & Triple Jump
- Competitors competing in the vault must turn in a signed **Pole Vault Confirmation Form** (attached) to the Pole Vault Judge in order to compete!
- Coaches with a team in the relays must turn in a Relay Entry Confirmation Sheet (attached) to the clerk of the course. **Any changes made during the meet must be made on the confirmation sheet prior to the end of the meet. This form must be accurate!!!**
- **NO PRELIMINARIES!!!** All events will be finals by time!!!
- The **top four (4) participants** in each event will qualify for region meets!
- **Each school will provide one adult to assist running off a field event!!!**
- Scoring of will depend on the number of teams competing in each division.

<u># Of Teams</u>	<u>Individual Scoring</u>	<u>Relay Scoring</u>
4	6 – 4 – 3 – 2 – 1	6 – 4 – 2
5	8 – 6 – 4 – 2 – 1	8 – 6 – 4 – 2
- Athletes must compete in a school issued uniform!!!
- **Schools should secure all valuables during the meet. Items with any value should not be left on team buses.**
- The only entrance onto the track and infield area will be through the clerk of the course tent!
- Athletes are to warm-up outside the infield fences, **NO WARM UP WILL BE ALLOWED ON THE INFIELD!** On the first call athletes are to report to the Clerk of the Course. Athletes that do not report will be scratched. On the second call athletes will be released to report to the starting line or exchange zone areas. On the third call athletes are to move on to their assigned positions/lanes on the track. Athletes are to move out of the infield-fenced area at the completion of their event. **Athletes should report to the Clerk of the Course ready to compete. Athletes are not to leave warm-ups, flats, bags, etc. at the Clerk tent!**
- **All field events are contested inside the fenced area of the Pirate Track & Field Facility. NO ONE WILL BE ALLOWED INSIDE THE INFIELD FENCED AREA EXCEPT ATHLETES PARTICIPATING IN AN**

**EVENT AND COACHES. AFTER THE CONCLUSION OF THE FIELD EVENTS THE INFIELD WILL BE CLEARED!**

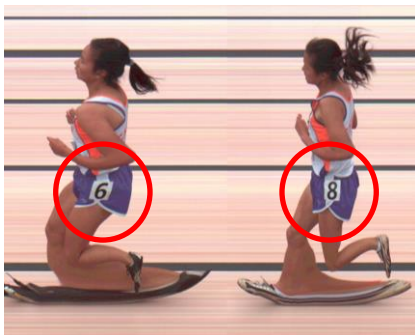
- **Spikes:** All spikes must be checked and tagged by meet personnel prior to accessing the track and infield area! Meet personnel will be set up outside the clerk of the course tent to check and tag spikes. Approved spikes will be available for purchase. Athletes will not be allowed to enter the clerk of the course tent without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified!!! Only 1/8" or 3/16" pyramid or hex-head spikes are allowed (NO PIN CHRISTMAS TREE SPIKES)!
- **MARKERS FOR STEPS AND RELAY EXCHANGES WILL BE FURNISHED!**
- Starting Blocks will be provided! Schools will **NOT** be allowed to use their own blocks!
- **Implement Weigh In:** All throwing implements must be weighted in and approved. The weigh-in area will be located under the Clerk of the Course Tent located in the Northwest corner of the track facility! Only marked implements that meet the required specifications will be allowed in competition! Implements that do not meet specifications will be impounded during the meet. Impounded implements may be picked up after the conclusion of the field events.
- **The stands are for coaches and spectators only. Teams should bring a tarp and some type of shelter!!! Stands are handicap accessible!**
- Pole Vault Starting Heights: 6" below lowest qualifying height (6' 0" minimum)
- High Jump Starting Heights: 2" below lowest qualifying height!
- Meet Awards:
 

Ribbons	—	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Places in all Events
Trophies	—	1 <sup>st</sup> Place Teams
- Starting / Break Lines (color-coded): **Blue:** 800, 110 Hurdles; **Green:** 1600 Relay, Break Line; **Orange:** 800 Relay; **White:** 100, 200, 400, 1600, 3200, 100 Hurdles, 300 Hurdles, 4 x 100 Relay
- Exchange Zones (color-coded):



	<u>4x 100 m Relay</u>	<u>4 x 200 m Relay</u>	<u>4 x 400 m Relay</u>	<u>4 x 800 m Relay</u>
1st Exchange	Yellow/Yellow	Orange/Orange	Blue/Blue	Green/Green
2nd Exchange	Yellow/Yellow	Orange/Orange	Green/Green	Green/Green
3rd Exchange	Yellow/Yellow	Yellow/Yellow	Green/Green	Green/Green

- A FinishLynx Timing System will be used to time the meet. Hip numbers will be used for all races. These numbers **MUST** be placed on the **LEFT HIP**, **NOT** the thigh and also must be visible (not covered by a jersey)! Also, numbers will be issued to be placed on the **LEFT SHOULDER** In all distance races 800 & over and to each anchor leg of the 4 x 400m & 4 x 800m Relays.



Correct



Incorrect



Correct



*Relay Entry Confirmation Sheet*

School \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

Invitational \_\_\_\_\_ Division \_\_\_\_\_ Region \_\_\_\_\_ North/South \_\_\_\_\_ State \_\_\_\_\_

According to the National Federation Track & Field Rule 4-2-1, a competitor shall not compete in more than four events including relays. Before each relay a copy of this confirmation sheet must be given to the Clerk of the Course before participation at every track meet.

**Entries**

**4 x 100 Meter Relay**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**4 x 200 Meter Relay**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**4 x 400 Meter Relay**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**4 x 800 Meter Relay**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

This list becomes certified when the head coach signs and delivers this form to the Clerk of the Course. Any changes made during the meet **MUST** be updated on this form prior to the end of the meet!

\_\_\_\_\_  
Signature of the Head Coach



## Pole Vault Confirmation Sheet

Host School \_\_\_\_\_ Date of Meet \_\_\_\_\_

Invitational \_\_\_\_\_ Division \_\_\_\_\_ Region \_\_\_\_\_ North/South \_\_\_\_\_ State \_\_\_\_\_

According to the National Federation Track & Field Rule 7-4-5

*It is the responsibility of the coach to verify that the vaulter will use a pole rated at or above the vaulter's weight and that legal poles have been provided for that competitor.*

Each competition shall affirm by his/her signature that he/she will use the properly rated pole throughout the competition.

Vaulter's Name	Vaulter's Initials	Current Weight	Pole Rating	Coach's Signature
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This form must be presented to the event judge before vaulter is eligible to participate.

School \_\_\_\_\_

District \_\_\_\_\_ Division \_\_\_\_\_

Athletic Director \_\_\_\_\_

Principal \_\_\_\_\_

**Regional – North/South Meet**

**Region – North/South**  
**MHSAA TRACK AND FIELD MEET**

**TEAM ROSTER**

School \_\_\_\_\_

Class – 1A, 4A, 3A, 1A, 4A, 6A (circle one)

Boys \_\_\_\_\_ Girls \_\_\_\_\_

Region \_\_\_\_\_ North/South \_\_\_\_\_

Please print or type entire team in alphabetical order.

Last Name	First Name
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
21.	

Total number of athletes \_\_\_\_\_ X \$10.00 = \$\_\_\_\_\_ total entry fee.

Please make copies of this form if necessary.

**For the *Region* and *North/South* track meets:**  
**Make check payable to HOST SITE**  
**Mail this entry fee form and check to the HOST SITE**