

Eastern Relays Coach's Information

UofL Policies

I wanted to communicate some unique things about the University of Louisville. These are University policies and nothing that Eastern Relays meet management have influence over.

No Coolers in the Stadium

At this weekend's Eastern Relays the university is going to prohibit ANY COOLER from entering the stadium. Coolers must be outside the stadium/facility fencing. This is for 2 reasons; safety/security as well as the need for seating. Please advise any team, official and volunteers. Teams are encouraged to set up a team camp area outside the fencing.

No tents on campus, no umbrella's in the stadium

The university also has no tent policy. Other than tents used for official meet purposes there are no tents allowed on campus. There is a large parking garage directly across the street from the stadium that should provide some coverage from the elements if necessary. This includes exceptionally large umbrellas (as determined by university staff). Umbrellas are not allowed in the stadium but can be used outside of the fence.

Parking & Traffic

On Friday parking is available both on street and in the parking garage. On Saturday parking is available in the parking garage, on street, or at Papa John's Cardinal Stadium. The parking garage across the street from the track is \$5.00. Bus drop off is along Warnock St. (near the Field Hockey Field), or Floyd Street (near softball where there is a bus lane). There should be no drop off near the intersection by McDonald's or on Floyd Street by the track where the lane is narrow. Please stop and unload quickly. Bus parking is at in Green Lot A at Papa John's stadium (map to Green Lot A: http://cache.milesplit.com/user_files/20526/135558/bus_parking_green_lot_a.pdf) or along the S. Floyd Street beyond Eastern Parkway.

Admission

Admission is \$10 per adult or \$15 for a two-day pass. **Admission will be charged for spectators outside the fence also.** Arm bands can be purchased at the either end of the stadium. You will get a wrist band. Wrist band allows you in and out of the stadium as well as the area outside the fence and around the backside of the track by the long jump pits. We will have a police officer and school security monitoring that area. Athletes can enter and re-enter wearing their bib number. Make sure you distribute bibs before you go in the stadium.

Coaches will have a wristband that they should wear both Friday and Saturday. There will not be a second coach's wristband for Saturday. This will serve as admission to the meet and to the world famous Eastern Relays hospitality suite.

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Specific Race Procedures

All races are already broken into sections and we will not plan to combine sections or promote athletes to a new section unless there are an excessive number of scratches in an event. This will allow us to remain on a fixed schedule unless something causes a delay. If we fall behind schedule we will make announcements, but we will not plan to run ahead of schedule unless weather/scratches begin to dictate. Any change will be announced at the stadium, but this is not expected.

Distance Races (800m and above) will all use a one turn stagger and either laned starts or alleys.

Field sizes:

- 3200m races- About 30 athletes per section
- Mile races- About 24 per section
- 800m & Steeplechase races- About 18 per section
- 4x800m and DMR- About 18 teams per section

We are contesting Mile races, not 1600m races. Fastest sections for all distance events may be slightly smaller than subsequent sections.

The 4x400m will use a 3 turn stagger.

All running events will run fast section to slow section based on seed, all events will be timed finals, no prelims. We are planning

Laned events will use 9 lanes.

Special Note for 3200m Races - All athletes in the 3200m should have 2 bib stickers. Only 3200m athletes will have these bib stickers.

Clerking & Field Access

We will clerk all events behind the scoreboard outside the fenced area, no athletes need to be on the infield unless escorted by clerks to the start of their races. No coaches need to be on the infield unless they are serving as a meet official.

Before checking in an athlete should know their section and lane number. Athletes should be prepared to show their competitor number at check in. There are NO SWAPS ALLOWED in individual events. Any athlete with a competitor number may run in a relay.

No coaches, parents or fans will be allowed inside the fenced track area. The only entrance to the track for athletes for running events, long jump, triple jump, pole vault, and high jump is through the gate under the scoreboard. Gates at the start of the 100 and at the finish line will be exit gates only. Athletes are to enter for clerking and running events as well as field events through the gate by the scoreboard only. Clerking area will be under the scoreboard.

No one will be allowed to warm up on the infield. Warm-ups can be done on the cardio path outside the fence.

High jump, long jump and clerking areas are within 50 yards of each other. There should be no reason for showing up late or not returning from an event. It is the responsibility of the athlete in multiple events to make sure they check in and check out in a short period of time.

Team Check-in and packet pick-up

Packet pickup will be at the near the South Entrance on the patio near the Lenny Lyles statue and finish line. We expect to have packet pick-up open by 3:30pm on Friday afternoon and by 7:30am on Saturday.

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Severe Weather Plan

In the event of severe weather, announcements will be given from the press box to evacuate the stadium and report to either the parking garage or the Student Activities Center (both across the street from Cardinal Park). If there is a delay we will use Twitter (@EasternRelays), the milesplit email system, and <http://easternrelays.milesplit.com> to communicate with teams and athletes.

Cold temperatures and rain will not delay the meet unless the meet officials think athlete safety will become an issue.

All Throws at Cardinal Park

The discus will be contested in the infield. The shot put will be contested at the shot rings outside the fence near the scoreboard.

Directions to Manual for Open Saturday Events

North on Floyd Street (turn right if you are facing the parking garage), Left on Cardinal, under the viaduct and railroad tracks, turn right after you pass the softball field. The track is on the right.

Address: 120 W Lee St, Louisville, KY 40208