**2019 Magic City Invitational  
December 7th, 2019  
Birmingham, AL CrossPlex**

**Co-hosted by B’ham City Schools, Bob Jones, Hoover, Northridge,**

**Smiths Station, Spain Park, Vestavia Hills**

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| **Facility & Admission** | 6 lane hydraulic banked track. Timing will be FAT. Admission will be free for students, $5 for those 65 & over, $10 for other adults. AHSAA coach’s cards accepted. Coaches w/o cards-$10. | | | | |
| **Equipment** | Starting Blocks and shots will be provided—leave yours at home. | | | | |
| **Entries & Registration** | There is no entry limit in most events. (800, 3200, LJ & TJ limit of 4/event) However, only the top three individuals on a team in each event may score. Additionally, each school may only score one relay. A varsity athlete may enter up to 4 events including relays.  Registration will be online at http://al.milesplit.com Go to the meet calendar and find this meet. | | | | |
| **Entry Fee** | Entry will be $10 per athlete and $10 per relay. There will be a maximum fee of $300 per gender per team. ($600/school)  Checks (or a copy of the purchase order for the meet fee) should be brought to the meet. Without such, athletes from the non-paying school will not be able to participate. These fees must be paid before future entry into subsequent meets will be allowed. See contract information at registration site for explanation and greater detail. Schools can write/mail checks to: **Alabama** **Indoor Track,** 2240 Partridge Lane, Hoover, AL 35226. If mailed, bring PO for verification: **No “check is in the mail” explanations allowed on race day.** | | | | |
| **Entry Deadline** | **Tuesday, December 3rd, 6pm CST.** No entries will be taken after that time! Performance lists will be posted by December 6th on AlabamaRunners. | | | | |
| **Sanctioning** | The meet will ONLY be sanctioned by the AHSAA (Alabama) & MHSAA (Mississippi). No other state associations will be sanctioned- NO unattached athletes! | | | | |
| **Verification of Entry** | A Printout of your entries will serve as your verification of entry into the meet. | | | | |
| **Clerking / Scratches** | There will be no additions at the meet. One-to-one substitutions will be allowed w/o name changes. | | | | |
| **Awards** | No team trophies will be given Medals will be awarded to the top 3 in each event in each 1A-5A and 6A-7A divisions. Athletes will compete together but be placed in separate divisions for awards. | | | | |
| **Rules** | We will use the National Federation rulebook for any rule disputes. Additional AHSAA rules apply. | | | | |
| **Scoring** | **Individual:** 10-8-6-5-4-3-2-1 **Relays:** 10-8-6-5-4-3-2-1 | | | | |
| **Field Events** | Each jumper/thrower will have 3 attempts with no finals. In the shot put and horizontal jumps, the first mark will be measured, and then subsequent attempts must meet the standards below to also be measured. The meet director may change this at his discretion. | | | | |
| **Opening Heights and Minimum Marks** | Event Long Jump Triple Jump High Jump PV(high pit)  PV(low pit) Shot Put | Varsity Boys 16’0” 35’0” 4’10” 10’6”  8’6” 30’0” | Varsity Girls 14’0” 28’0” 3’10” 8’0”  6’0” 22’0” | |
| **Appeals** | Any appeal must be given to the referee in writing accompanied with $25.00 within 30 minutes of infractions. If appeal is upheld, the money will be refunded. Appealable offenses are misapplications of NFHSA rules. Judgment calls cannot be appealed. | | | | |
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| **Contacts** | Meet Director: Devon Hind | | | (Office)205-439-1379 (Cell)205-807-9144 Dhind@hoover.k12.al.us | |

**Schedule of Events**

**Saturday—VARSITY ONLY**

**TRACK EVENTS (Girls compete first in all events)**

8:00 4 x 800 (rolling schedule)

60 hurdles-no prelims

60 dash-no prelims

400

1600

4 x 200

800 **(4 entries maximum)**

3200 **(4 entries maximum) Minimum standards—Girls 14:00 Boys 12:00**

Athletes will be pulled from track if not under the minimum standard with a lap to go in 3200.

4 x 400 (Estimated time for the meet to end is 6:30-7:30 p.m.)

FIELD EVENTS (See opening heights and minimum marks in information guide)

9:30 Boys pole vault (high and low pits)

Girls shot put

10:30 Boys Long jump (Triple Jump to immediately follow) **(4 entry limit)**

Girls long jump (Triple Jump to immediately follow) **(4 entry limit)**

12:00 Girls high jump (high pit-4’6” and low pit-3’10”)

1:30 Girls pole vault (high and low pits)

Boys shot put

2:00 Boys high jump (high pit-5’6” and low pit-4’10”)

**Additional IMPORTANT information:**

**\*\*Each in-state registering school should be prepared to provide one capable adult volunteer to work one field event for each meet that they participate in. We hope to not have to call upon you for this.**

\*\*Coach’s cards will be checked at the gate. Adults who do not have coach’s cards will be charged a normal gate fee of $10.

\*\*¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼” spikes will be available for purchase for $5 per pair of shoes at the spike check-in area.

\*\*Only athletes/coaches are allowed in the warm-up area.

\*\*We will have 2 pole vault pits going at the same time with different starting heights.

\*\*Concessions & T-shirts will be available for purchase.

\*\*A swimming meet may be taking place at the same time as our track meet. Plan to get here early so you don’t get caught in traffic.

\*\*Parking is $5 at The CrossPlex for this event. The City of B’ham collects this parking fee. Parking in the shopping center lot and walking to The CrossPlex will get your car towed.

**\*\*This is a high school sanctioned event. Only member schools may participate. Track Clubs and unattached athletes are NOT allowed to participate.**

**LOCATION: The CrossPlex is located in Birmingham, Alabama at 2331 Bessemer Road, 35208**

**Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.**

Actual schedule on Dec 3rd, 2016 with 1938 athletes entered. We have typically gone much faster the past few years. Coach Hind will send out an estimated time schedule within 48 hours of the registration closure. Check discussion board on al.milesplit for this info also.

8:00 3 heats of slow 4 x 800’s 45 minutes 15:00/heat

8:45 finished 4 x 8’s

9:00 60 hurdles-no finals 19 heats 30 minutes 1:35/heat

9:30 girls 60 dash 37 heats 45 minutes 1:13/heat

10:15 boys 60 dash 56 heats 85 minutes 1:31/heat

11:40 4 x 800 (fast heats) 2 heats 25 minutes 12:30/heat

12:05 girls 400 27 heats 50 minutes 1:51/heat

12:55 boys 400 34 heats 65 minutes 1:54/heat

2:00 girls 1600 8 heats 60 minutes 7:30/heat

3:00 boys 1600 11 heats 90 minutes 8:10/heat

4:30 girls 4 x 200 7 heats 30 minutes 4:17/heat

5:00 boys 4 x 200 12 heats 45 minutes 3:45/heat

5:45 girls 800 6 heats 25 minutes 4:10/heat

6:10 boys 800 8 heats 30 minutes 3:45/heat

6:40 girls 3200 2 heats 30 minutes 15:00/heat

7:10 boys 3200 3 heats 45 minutes 15:00/heat

7:55 4 x 400 6 heats 30 minutes 5:00/heat

8:25 END