

2019 MCEACHERN INVITATIONAL MEET SCHEDULE

Jumps/Throws – All finals – 3 attempts only (except for High Jump and Pole Vault), no finals, 1st legal attempt measured, subsequent attempts must meet standards (in parentheses)

9:00 Field Events

Girls Long Jump (16'0" minimum mark) Gold Pit

Boys Long Jump (20'0" minimum mark) Blue Pit

Girls High Jump (Starting Ht. 4' 6") Gold Pit

Boys High Jump (Starting Ht. 5' 6") Blue Pit

Girls Pole Vault (Starting Ht. 7') Gold Pit

Boys Pole Vault (Starting Ht. 9') Blue Pit

Boys Shot (40' minimum mark) Flight 1 & 2 - Blue Pit; Flight 3 & 4 – Gold Pit

Girls Discus (80' minimum mark) Flight 1 & 2 - Blue Pit; Flight 3 & 4 – Gold Pit

9:30 3200 Girls followed by Boys

10:00 4x800 Girls followed by Boys

11:00 Field Events

Girls Triple Jump (32' minimum mark) Gold Runway

Boys Triple Jump (38' minimum mark) Blue Runway

Girls Shot (30'0" minimum mark) Flight 1 & 2 - Blue Pit; Flight 3 & 4 – Gold Pit

Boys Discus (100' minimum mark) Flight 1 & 2 - Blue Pit; Flight 3 & 4 – Gold Pit

12:30 P.M. – Running Events - Rolling Schedule

Athletes should listen to announcements and be aware of when their event is approaching. Please check in at the clerking tent in the middle of the infield on first call. Order of events will be Girls followed by Boys. Heats are slow-to-fast. All events are finals based on time. *We may reseed to consolidate heats if possible.* If the weather radar indicates rain in the area, we will move the start time up in the 4x100 to 12:00. Please inform your athletes.

4x100 Relay-1600-400-100-100 Hurdles-110 Hurdles-800-200-300 Hurdles-15-minute break-4x400