

**2019 METRO SOUTH OUTDOOR
MEET SCHEDULE**

Metro Championship
Mon., April 22 RAIN DATE 4/23

North Teams	South Teams
Clay	Berry
Hewitt	Bumpus
Homewood	Liberty Park
Irondale	Oak Mtn.
Mtn. Brook	Simmons
Pizitz	Thompson

MEET 1 TUESDAY, MARCH 5

HOOVER

Teams	*Field Event
Berry	D
Bumpus	B LJ/TJ
Clay	HJ
Hewitt	B LJ/TJ
Homewood	S
Irondale	S
Liberty Park	PV
Mtn. Brook	G LJ/TJ
Oak Mtn.	HJ
Pizitz	PV
Simmons	G LJ/TJ
Thompson	D

SCHEDULE #1	
4:00	4:15
LJ then TJ	1600
Discus G then B	100/110H
Shot Put B then G	4x100
HJ G then B	400
PV B then G	100
	300H
	800
	200

Coaches are required to know the rules of their assigned field event.

Coaches must know how to run off their assigned field event.

Coaches must provide workers at their field event.

There must always be a certified coach/teacher working field events.

**Same work assignments at the Metro Championship on April 22/23*

MEET 2 TUESDAY, MARCH 12

SPAIN PARK

Teams	Field Event
Berry	S
Bumpus	G LJ/TJ
Liberty Park	PV
Oak Mtn.	HJ
Simmons	B LJ/TJ
Thompson	D

MOUNTAIN BROOK

Teams	Field Event
Clay	HJ
Hewitt	G LJ/TJ
Homewood	D
Irondale	S
Mtn. Brook	B LJ/TJ
Pizitz	PV

SCHEDULE #2	
4:00	4:15
TJ then LJ	200
Discus B then G	800
Shot Put G then B	300H
HJ B then G	100
PV G then B	400
	4x100
	100/110H
	1600

MEET 3 THURSDAY, MARCH 21

HEWITT-TRUSSVILLE

Teams	Field Event
Clay	HJ
Hewitt	B LJ/TJ
Homewood	D
Irondale	S
Pizitz	PV & G LJ/TJ

MOUNTAIN BROOK

Teams	Field Event
Berry	D
Bumpus	B LJ/TJ
Liberty Park	PV
Mtn. Brook	G LJ/TJ
Oak Mtn.	HJ
Simmons	B LJ/TJ
Thompson	S

SCHEDULE #1	
4:00	4:15
LJ then TJ	1600
Discus G then B	100/110H
Shot Put B then G	4x100
HJ G then B	400
PV B then G	100
	300H
	800
	200

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MEET 4 TUESDAY, APRIL 2		VESTAVIA HILLS		SCHEDULE #2	
SPAIN PARK				4:00	4:15
Teams	Field Event	Teams	Field Event	TJ then LJ	200
Berry	S	Clay	HJ	Discus B then G	800
Bumpus	PV	Hewitt	G LJ/TJ	Shot Put G then B	300H
Homewood	HJ	Liberty Park	B LJ/TJ	HJ B then G	100
Irondale	D	Oak Mtn.	HJ	PV G then B	400
Mtn. Brook	B LJ/TJ	Pizitz	PV & S		4x100
Simmons	G LJ/TJ	Thompson	D		100/110H
					1600

VH start time is 4:15

MEET 5 TUESDAY, APRIL 9		Divisional Championship		SCHEDULE #1	
HOOVER		HOMEWOOD		4:00	4:15
South Teams	Field Event	North Teams	Field Event	LJ then TJ	1600
Berry	D	Clay	HJ	Discus G then B	100/110H
Bumpus	G LJ/TJ	Hewitt	B LJ/TJ	Shot Put B then G	4x100
Liberty Park	PV	Homewood	D	HJ G then B	400
Oak Mtn.	HJ	Irondale	S	PV B then G	100
Simmons	B LJ/TJ	Mtn. Brook	G LJ/TJ		800
Thompson	S	Pizitz	PV		300H
					200
					4x800
					4x400

MEET 6 TUESDAY, APRIL 16		Last Chance Qualifier		SCHEDULE #2	
HEWITT-TRUSSVILLE		MOUNTAIN BROOK		4:00	4:15
Teams	Field Event	Teams	Field Event	TJ then LJ	200
Clay	HJ	Berry	S	Discus B then G	800
Hewitt	B LJ/TJ	Bumpus	PV	Shot Put G then B	300H
Homewood	S	Mtn. Brook	B LJ/TJ	HJ B then G	100
Irondale	D	Oak Mtn.	HJ	PV G then B	400
Liberty Park	PV	Simmons	G LJ/TJ		4x100
Pizitz	G LJ/TJ	Thompson	D		100/110H
					1600

METRO CHAMPIONSHIP @ Mtn. Brook		Monday, April 22 Rain Date 4/23	
Teams	*Field Event	METRO SCHEDULE	
Berry	D	4:00	4:30
Bumpus	B LJ/TJ	LJ then TJ	1600
Clay	HJ	Discus G then B	100/110H
Hewitt	B LJ/TJ	Shot Put B then G	4X100
Homewood	S	HJ G then B	400
Irondale	S	PV B then G	100
Liberty Park	PV		800
Mtn. Brook	G LJ/TJ		300H
Oak Mtn.	HJ		200
Pizitz	PV		4X800
Simmons	G LJ/TJ		4X100 Clydesdale
Thompson	D		4x400

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TEAMS	Meet 1 3/5	Meet 2 3/12	MEET 3 3/21	MEET 4 4/2	MEET 5 4/9	MEET 6 4/16	METRO 4/22
BERRY	HOOVER	SPAIN PARK	MTN. BROOK	SPAIN PARK	HOOVER	MTN. BROOK	MTN. BROOK
BUMPUS	HOOVER	SPAIN PARK	MTN. BROOK	SPAIN PARK	HOOVER	MTN. BROOK	MTN. BROOK
CLAY	HOOVER	MTN. BROOK	HEWITT	VESTAVIA	HOMWOOD	HEWITT	MTN. BROOK
HEWITT	HOOVER	MTN. BROOK	HEWITT	VESTAVIA	HOMWOOD	HEWITT	MTN. BROOK
HOMWOOD	HOOVER	MTN. BROOK	HEWITT	SPAIN PARK	HOMWOOD	HEWITT	MTN. BROOK
IRONDALE	HOOVER	MTN. BROOK	HEWITT	SPAIN PARK	HOMWOOD	HEWITT	MTN. BROOK
LIBERTY PARK	HOOVER	SPAIN PARK	MTN. BROOK	VESTAVIA	HOOVER	HEWITT	MTN. BROOK
MTN. BROOK	HOOVER	MTN. BROOK	MTN. BROOK	SPAIN PARK	HOMWOOD	MTN. BROOK	MTN. BROOK
OAK MTN.	HOOVER	SPAIN PARK	MTN. BROOK	VESTAVIA	HOOVER	MTN. BROOK	MTN. BROOK
PIZITZ	HOOVER	MTN. BROOK	HEWITT	VESTAVIA	HOMWOOD	HEWITT	MTN. BROOK
SIMMONS	HOOVER	SPAIN PARK	MTN. BROOK	SPAIN PARK	HOOVER	MTN. BROOK	MTN. BROOK
THOMPSON	HOOVER	SPAIN PARK	MTN. BROOK	VESTAVIA	HOOVER	MTN. BROOK	MTN. BROOK