



The Georgia Track & Field/Cross Country Coaches Association presented the annual Coaches Clinic this past weekend. The clinic has grown to such a point that, after three years at the Atlanta Track Club offices, it was moved to Marist School where attendees were able to learn detailed training techniques, develop skills to motivate their teams, and increase their awareness of methods to keep athletes safe and minimize injuries.

This year, the Coaches Association (GATFXCCA) partnered with many of the state's and nation's top coaching development experts to further the advancement of youth through collegiate athletes. The clinic began on Friday afternoon with sessions that included five topic options followed by a high school and collegiate coaches panel that discussed the recruitment process.

The dinner session featured key note speakers Olympian/World Champion Dwight Phillips, Atlanta Track Club Executive Director Rich Kenah, and one of the Founders of the ATC, Hawthorne Wesley. Additionally, the 2018 Track & Field and Cross Country Coaches of the year were recognized, and the evening concluded with a coaches social.

The Coaches Clinic continued on Saturday with the following content specialists:

Andre Al-Ghani	Scott Christensen	Wayne Clark
Jack Coleman	Greg French	Dr. Josh Glass
Matt Henson	Phillip Hoskins	Nick Houstoulakis
Jeff Jenkins	Gabor Mate	Patrick Parsons
Dwight Phillips	Cedric Sapp	O'Neisha Smith
Mark Strawderman	Luke Syverson	

Armed with more knowledge, coaches will be able to advance the growth of this great sport throughout the State of Georgia. Thank you to all the sponsors who made this year's clinic a great success. We look forward to celebrating with you the successes of your Track and Field and Cross Country teams in 2019.

