Meet the
2014 All-Metro High School Cross Country Team

Atlanta Track Club's Criteria for Selection
1. All athletes must attend a school that belongs to the Georgia High School Association in the All-Metro region.
2. Only high school competition during the season is considered. No club, pre-season or post season competition results apply. Certain out of state competitions are considered if they are GHSA sanctioned.
3. Place at state
4. Time at state
5. Fast season times- Taking into account what courses these times were run on.
6. Number of fast times
7. Big Meet Performance- How high an athlete places in a high level invitational is important
8. Season’s Performance - county and regional performance
9. Athletes must be in good standing with their school to be considered.
# All-Metro Cross Country

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Grade</th>
<th>Classification</th>
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<td>Josie</td>
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*This list is an alphabetical listing and is not in any particular order/ranking until all voting ballots are received.*
Anna Barefield – Class 6A
Northview HS, 11th grade
Place at State: 8th
4th place – Covered Bridge Run & Lambert River Run
17th place - Carrollton Orthopedic Invitational

Avery Bussjager – Class 6A
Walton HS, 12th grade
Place at State: 2nd
2nd place – Atlanta Classic
5th Place - Nike/Fleet Feet Coach Wood Invitational

Lindsay Billings – Class 6A
Northview HS, 11th grade
Place at State: 1st
1st place - Nike/Fleet Feet Coach Wood Invitational 2014
1st place - Carrollton Orthopedic Invitational
Savannah Carnahan– Class 6A
South Forsyth HS, 11th grade
Place at State: 4th
1st place - Alexander HS / Asics XC Invitational,
1st place - Carrollton Last Chance

Kaylee Dupont– Class 6A
South Forsyth HS, 9th grade
Place at State: 6th
2nd place - Alexander HS / Asics XC Invitational
2nd place - Carrollton Last Chance, and Mountain Invitational

Caitie Faust– Class 4A
Marist, 12th grade
Place at State: 3rd
16th place - Nike/Fleet Feet Coach Wood Invitational 2014
6th place - Warpath Invitational
Nicole Fegans – Class 1A
Landmark Christian HS, 10th grade
Place at State: 2nd
1st place – Carrollton Last Chance
2nd place – Saucony Battle of Atlanta
7th place - Carrollton Orthopedic Invitational

Kathryn Foreman – Class 1A
Landmark Christian HS, 11th grade
Place at State: 4th
1st place – Saucony Battle of Atlanta
3rd place - Carrollton Orthopedic Invitational

Liz Galarza – Class 6A
West Forsyth HS, 10th grade
Place at State: 3rd
2nd place – University of Alabama Crimson Classic
4th place - Carrollton Orthopedic Invitational
Delaney Graham, Class 3A
Westminster, 9th grade
Place at State: 3rd
1st place – Region 4-AAA Meet
8th place - Alexander HS / Asics XC Invitational

Elizabeth Graves – Class 5A
Riverwood HS, 10th grade
Place at State: 2nd
1st place – Sharptop Invitational (HS+MS) Invitational
3rd place - 3rd Annual AT&T Panther XC Invitational

Emma Grace Hurley – Class 1A
Fellowship Christian, 11th grade
Place at State: 1st
1st place – Alexander HS/Asics XC Invitational
1st place – Warpath Invitational
Morgan Ilse, Class 4A
Marist, 12th grade
Place at State: 1st
1st place – The Coach Benson Double Dip Invitational
2nd place – Nike/Fleet Feet Coach Wood Invitational 2014

Hannah Petit, Class 6A
Mill Creek HS, 11th grade
Place at State: 7th
6th place - Nike/Fleet Feet Coach Wood Invitational 2014
11th place – Carrollton Orthopedic Invitational

Alexandra Melehan, Class 6A
Woodstock HS, 12th grade
Place at State: 5th
3rd place - Saucony Battle of Atlanta
4th place – Nike/Fleet Feet Coach Wood Invitational 2014
9th place - Carrollton Orthopedic Invitational
Sara Scales – Class 6A
Mill Creek HS, 10th grade
Place at State: 10th
11th place - Nike/Fleet Feet Coach Wood Invitational 2014
3rd place - Gwinnett County Championships

Mary Claire Soloman – Class 3A
Blessed Trinity, 11th grade
Place at State: 2nd
3rd place – Bob Blastow Early Bird
3rd place - Gulf Coast Cross Country Stampede

Olivia Terwilliger – Class 5A
Kell HS, 11th grade
Place at State: 4th
2nd place – Nike/Fleet Feet Coach Wood Invitational 2014
5th place - Saucony Battle of Atlanta
Mary Valli – Class 5A
Starrs Mill HS, 9th grade
Place at State: 3rd
3rd place - Aubrae Gunderson Invitational
10th place - 3rd Annual AT&T Panther XC Invitational

Serena Tripodi– Class 2A
Lovett, 10th grade
Place at State: 1st
1st place - Carrollton Orthopedic Invitational
3rd place - Nike/Fleet Feet Coach Wood Invitational 2014

Josie Wirtz– Class 4A
Marist, 9th grade
Place at State: 2nd
5th place - 10th Annual NEGA Cross Country Championships
10th place – Nike/Fleet Feet Coach Wood Invitational 2014
### All-Metro Cross Country

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<th>Name</th>
<th>School</th>
<th>Grade</th>
<th>Classification</th>
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Abbas Abbkar – Class 5A
Clarkston HS, 12th grade
Place at State: 6th
2nd place - Bob Blastow Early Bird
2nd place - Aubrae Gunderson Invitational

Tyler Barber – Class 6A
Mountain View HS, 11th grade
Place at State: 2nd
1st place – Gwinnett County Championships
2nd place - The Saucony XC Kickoff Classic

Khayvonn Benson – Class 6A
Marietta HS, 11th grade
Place at State: 18th
3rd place – Nike/Fleet Feet Coach Wood Invitational 2014
5th place - Carrollton Orthopedic Invitational
Nik Calia – Class 4A
St. Pius X, 12th grade
Place at State: 7th
15th place - Carrollton Orthopedic Invitational
5th place - Berry College Clara Bowl Invitational

Sam Costa – Class 6A
Mills Creek HS, 11th grade
Place at State: 12th
4th place - Gwinnett County Championships
12th place - Nike/Fleet Feet Coach Wood Invitational 2014

Ben Davies – Class 2A
Holy Innocents, 10th grade
Place at State: 2nd
2nd place - WRHS 3rd Annual Run Wild Invitational
2nd place - Wesleyan Home Meet 9-13
Reilly Friedman – Class 1A
Galloway, 12th grade
Place at State: 1st
1st place - Nike/Fleet Feet Coach Wood Invitational
1st place - Alexander HS / Asics XC Invitational

Brennan Garriques – Class 5A
Creekview HS, 12th grade
Place at State: 5th
3rd place - Carrollton Orthopedic Invitational
3rd place - Coach Wood Invitational

John Green – Class 6A
West Forsyth HS, 11th grade
Place at State: 8th
1st place - The Coach Benson Double Dip Invitational
4th place – Carrollton Orthopedic Invitational
Robby Keough – Class 1A
Whitefield Academy, 12th grade
Place at State: 2nd
2nd place - Carrollton Last Chance
6th place - The Coach Benson Double Dip Invitational

Stephen Martinez – Class 4A
St Pius X, 12th grade
Place at State: 3rd
3rd place – Berry College Clara Bowl Invitational
13th place - Carrollton Orthopedic Invitational

Alex Murfee – Class 4A
Woodward, 12th grade
Place at State: 1st
1st place - Bob Blastow Early Bird
5th place - The Coach Benson Double Dip Invitational
7th place – Nike/Fleet Feet Coach Wood Invitational 2014
Isaac Penman – Class 6A
Peachtree Ridge HS, 12th grade
Place at State: 6th
4th place - Spikes and Spurs Classic
6th place - Carrollton Orthopedic Invitational

Frank Pittman – Class 4A
Marist, 11th grade
Place at State: 2nd
1st place - 10th Annual NEGA Cross Country Championships
2nd place - The Coach Benson Double Dip Invitational
4th place – Nike/Fleet Feet Coach Wood Invitational 2014

Colton Page – Class 5A
Allatoona HS, 10th grade
Place at State: 8th
3rd place – Aubrae Gunderson Invitational
3rd place – Cobb County Cross Country Championships
Logan Poteet – Class 5A
Kell HS, 12th grade
Place at State: 1st
1st place – Warpath Invitational
1st place - The Saucony XC Kickoff Classic

Mitchell Sanders – Class 6A
Walton HS, 12th grade
Place at State: 4th
2nd place – Atlanta Classic
5th place - 16th Annual Jesse Owens Classic

Taylor Scarbrough – Class 6A
Cherokee HS, 11th grade
Place at State: 7th
1st place - Cherokee County XC Championship
4th place - 33rd Annual Westover Invitational
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