

# FREEHOLD TOWNSHIP HIGH SCHOOL



## 2019 NIGHT OF THE 800/INTERMEDIATE HURDLES

Tuesday, May 28<sup>th</sup>: 6:00 PM Start

These events are open to both boys and girls teams.

Seeding will be based on time and will combine genders in the 800m only.

The intermediate hurdles will have separated genders.

**You may enter as many athletes as you like in each event**

This meet will be pre-seeded through milesplit.

All seeding must be completed 48 hours prior to the start of the Meet.

Heat sheets will be posted on milesplit.

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## 2019 NIGHT OF THE 800/INTERMEDIATE HURDLES

### Entry Form

School: \_\_\_\_\_ Coach: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**# of Boys entered:** \_\_\_\_\_ x \$7.00 = \$ \_\_\_\_\_

**# of Girls entered:** \_\_\_\_\_ x \$7.00 = \$ \_\_\_\_\_

**Total Entry Fee: \$ \_\_\_\_\_**

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**Make checks payable to: FREEHOLD TWP HIGH SCHOOL TRACK AND FIELD**

**Please send entries to:**

**Todd Briggs**

**Freehold Township High School**

**281 Elton Adelpia Road**

**Freehold, NJ 07728**

**Or scan and email entries to [tbriggs@frhsd.com](mailto:tbriggs@frhsd.com)**