

SOUTHERN THROW DOWN

Shot Put Series

Place: Southern Regional High School – 9/10 gym

Dates:

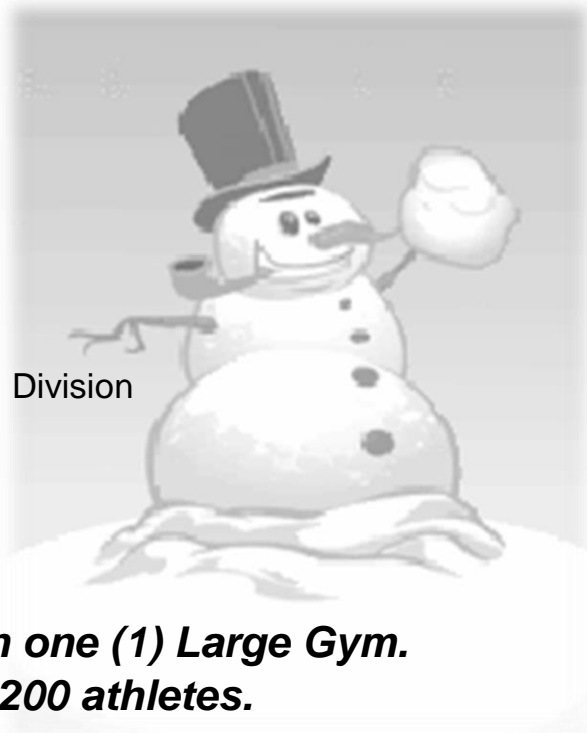
- 1) Thursday, January 3rd
- 2) Thursday, January 31st

Start Time: 4:00pm (check in starts at 3:00pm)

Scoring: 4 Throws, No finals. Medals to top 6 in each Division

Divisions: Male & Female: Varsity, JV & Freshman

Entry Fees: \$7.00 per athlete



***There will be three (3) Circles in one (1) Large Gym.
Numbers are limited to 200 athletes.***

Entry is on MILESPLIT
PLEASE PRINT INVOICE AND MAIL WITH CHECK.

Please make checks payable to:
Southern Regional

Mail to Checks/PO with invoices to:
Athletics - Dylan Larson
105 Cedar Bridge Rd
Manahawkin, NJ
08050

Any Questions:
Meet Director
Dylan Larson
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(609) 661-0698